



# UNESCO CITIES MARATHON CIVIDALE - PALMANOVA - AQUILEIA



## INFO INTERNATIONAL MARATHON

### UNESCO CITIES MARATHON 2020

Cividale del Friuli – Palmanova – Aquileia

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DATA: 29 Marzo 2020

START: CIVIDALE DEL FRIULI 9.15

FINISH: AQUILEIA

FRIULI VENEZIA GIULIA

ITALIA

UNESCO Cities Marathon is the only marathon in the world that connects three sites belonging to the UNESCO World Heritage Sites: Cividale del Friuli, the old Longobard capital, and Aquileia, the important Roman center, covering exactly the 42,195 kilometers of the marathon. This edition will take place on March 29th, 2020, starting from Cividale del Friuli, crossing Palmanova, fortified city in the form of a nine-pointed star, to finish in Aquileia. Live with us forty-two kilometers faster than ever, in the heart of one of the most beautiful and hospitable regions of Italy.

#### 1 - ELEGIBILITY

##### ATHLETE MEMBERSHIP REQUIREMENTS FOR ITALIAN ATHLETICS FEDERATION/IAAF/EPS

To be at least 20 years old on December 31st, 2020

To have a medical certificate valid on March 29th, 2020

##### OTHER ITALIAN ATHLETES

To be at least 20 years old on December 31st, 2020

To have a medical certificate valid on March 29th, 2020

To pay insurance on [www.runcard.com](http://www.runcard.com)

[Declaration athlete licenced or registered for a foreign Federation](#)

##### FOREING ATHLETES

To be at least 20 years old on December 31st, 2020

To have a certificate ([Unesco Cities Marathon - Health Form](#))

To pay insurance on [www.runcard.com](http://www.runcard.com)

[Declaration athlete licenced or registered for a foreign Federation](#)

#### 2 - REGISTRATION FEES (is valid on the date of payment)

€ 30,00 up to 31/12/2019 with race pack

€ 40,00 from 01/01/2020 to 22/03/2020 with race pack

€ 50,00 from 23/03/2020 to 28/03/2020 with race pack

€ 70,00 race day

**FEES FOR CLUB** (minimum 6 runners - is valid on the date of payment)

€ 27,00 up to 31/12/2019 with race pack

€ 37,00 from 01/01/2020 to 22/03/2020 with race pack

€ 47,00 from 01/03/2020 to 30/03/2020 with race pack and t-shirt to buy at the expo

€ 70.00 race day

**LARGE GROUP CONVENTION** (minimum 10 runners - is valid on the date of payment)

€ 25,00 up to 31/12/2019 with race pack

€ 35,00 from 01/01/2020 to 22/03/2020 with race pack

€ 45,00 from 23/03/2020 to 28/03/2020 with race pack

€ 70.00 race day

### **3 - PAYMENT**

#### **BY CREDIT CARD**

Internet by credit card (registration's deadline March 22th, to 12.00 p.m.) link to web site <http://www.tds-live.com> - link [Enter Now](#)

#### **BY BANK TRANSFER**

Billing address: COMITATO ORGANIZZATORE LOCALE UNESCO CITY MARATHON – Via dei Macelli, 5 – 34148 - Trieste

Banca: CREDIT AGRICOLE FRIULADRIA – Via Vittorio Veneto, 21 - - 33100 – Udine

**IBAN: IT 92 N 05336 12304 0000 3587 2377**

**C/C 358723/77 – ABI 05336 - CAB 12304 - BIC/SWIFT BPPNIT2P601**

Description: Registration 8<sup>a</sup> Unesco Cities Marathon + last name/name/Club

#### **BY CASH**

At the Unesco Cities Marathon stands in various events

At the Expo Marathon in Piazza Grande - Palmanova: March 28th, from 10.00 a.m. to 7.00 p.m.

At the starting gate in Cividale del Friuli: March 29th, from 7.00 a.m. to 8.00 a.m.

### **4 - REGISTRATION METHODS**

Link [Enter Now - \(registration's deadline March 22th, to 12.00 p.m.\)](#)

By mail to send to [info@unescocitiesmarathon.it](mailto:info@unescocitiesmarathon.it) (registration's deadline March 22th, to 12.00 p.m.) -

Documents to attach: registration form 2020 completed and signed - receipt of the bank transfer

**In the secretary office:**

At the Unesco Cities Marathon stands in various events (see web site)

At the Expo Marathon in Piazza Grande - Palmanova: March 28th, from 10.00 a.m. to 7.00 p.m.

At the start race in Cividale del Friuli : March 29th, from 7.00 a.m. to 8.00 a.m.

**Important: we do not accept registrations without the registration fees, the required documents or incomplete personal data.**

## **5 - REGISTRATION FEE INCLUDES**

insurance and medical assistance

total safety, with roads closed to traffic

bib number

rent of timing chip and Real Time

bag with typical products of Friuli Venezia Giulia

pre-race transport by bus from Aquileia to the starting area in Cividale del Friuli

personal clothes transport from the start to the finish

pacemaker service for 3h 30', 3h 45', 4h 00', 4h 30'

refreshment service to Km 5 – 10 – 15 – 20 – 25 – 30 – 35 – 40 – 42,195

sponge service to km 7,5 – km 12,5 – km 17,5 – km 22,5 – km 27,5 – km 32,5 – km 37,5

service for withdrawn athletes to km 25,600 (Big Place in Palmanova) - km 30 - km 35

entertainment along the way

participation's medal (for finishers only)

refreshment in the finish area

post race massage service

post race shower service

post-race transportation by bus from Aquileia to Palmanova and Cividale del Friuli

## **6 - REGISTRATION FEES TRANSFER**

The athlete who cannot participate can transfer the registration fees to UNESCO CITIES MARATHON 2021 or other athlete

Deadline: February 29th, 2020

€ 10.00 for administrative fee.

## **7 - REGISTRATION'S DEAD LINE**

Online registration: March 22th, 2020 – 12:00 p.m.

At Expo Marathon registration in Piazza Grande – Palmanova : March 28th, 2020 – from 10.00 a.m. to 7.00 p.m.

At Start Area registration in Cividale del Friuli: March 29th, 2020 – from 7.00 a.m to 8.00 a.m.

## **8 - REGISTRATION CHECK AND CONFIRMATION**

Confirmation: by e-mail sent by ENTER NOW from March 22th, 2020

## **9 - BIB NUMBER DELIVERY**

At Marathon Expo in Piazza Grande – Palmanova - 28th March, 2020 – from 10.00 a.m. to 7.00 p.m. – show the confirmation letter or registration and payment documents

At Start Area registration in Cividale: March 29th, 2020 – only from 7.00 to 8.00 a.m.

Bib number to send home: [the module](#) up February 29th, 2020  
€ 25.00 for administrative fee

## **10 - RACE PACKAGE DELIVERY**

At Marathon Expo in Piazza Grande – Palmanova - 28th March, 2020 – from 10.00 a.m. to 7.00 p.m. – show the bib number

## **11 - TOP RUNNERS**

Top male runners: less than 2h 30' in the previous years

Top female runners: less than 2h 50' in the two previous years

## **12 - SHUTTLE FOR ATHLETS**

Shuttle service:

Lines 1 - 2 - 3 - 4 - 5 - Aquileia – via Iulia Augusta / S.P. 8 - Terminal Bus – near sports field at the Roman Forum - Iulia Augusta Street/SP 8

departure time 6.30 a.m. – exhibiting the bib number

## **13 - MEDAL**

to all finishers

## **14 - BAGS WITH PERSONAL CLOTHING**

Transfer service from Cividale to Aquileia - start near starting area 8.30 a.m.

Apply the bib number adhesive to the personal bag

## **15 - TIMING AND ARRIVAL LIST**

Data Service with electronic chip

Timing km 10 – km 21,097 – km 30

Real Time

Loss chips € 30.00

Arrival list in finish area

## **16 - INFORMATION ON THE ROUTE**

Signs every kilometer

Half marathon mark

## **17 - TIME LIMITS**

Limit Time A4 motorway exit - Palmanova: 12:30 a.m.

Limit Time: h 6:00

End of the race: 3:30 p.m.

## **18 - REFRESHMENTS**

Refreshments: km 5- km 10 – km 15 – km 20 – km 25 – km 30- km 35 – km 40 – km 42.195

## **19 - SPONGING**

Sponging service signs to km 7.5 - km 12.5 - km 17.5 - km 22.5 - km 27.5 - km 32.5 - km 37.5

2 personal sponges

Additional sponges will be available at the start, but not along the way

## **20 - WITHDRAWED ATHLETES**

Assistance service km 25,600 (Palmanova) – km 30 – km 35

## **21 - AWARDS**

12.00 a.m. - top three M/F

1.00 p.m. - from four to ten finishers M/F

## **22 - HOW TO REACH US**

Airport Friuli Venezia Giulia

By train : station rail Cervignano del Friuli

By car: motorway A4.

## **23 - INFORMATION**

For general information about the 8th edition of the UNESCO CITIES MARATHON, please contact:

### **LOCAL ORGANIZING COMMITTEE UNESCO CITY MARATHON**

E-mail: [info@unescocitiesmarathon.it](mailto:info@unescocitiesmarathon.it)

Website: <http://www.unescocitiesmarathon.it>

Cell phone: + 39 393 46 90 702

### **REGIONAL COMMITTEE FIDALFVG**

Address: Via dei Macelli, 5-34148 Trieste

Phone: +39 040 829190

Fax: +39 040 382972

E-mail: [cr.friulivg@fidal.it](mailto:cr.friulivg@fidal.it)

Website: <http://www.fidalfvg.it>

### **TDS -Timing Data Service S.r.l. (for registration info)**

Address: Via delle Macchine 14 - 30038 - Spinea (VE).

Phone: +39 041 990320

Fax: +39 041 5086458

E-mail: [unesco@tds-live.com](mailto:unesco@tds-live.com) Questo indirizzo email è protetto dagli spambots. E' necessario abilitare JavaScript per vederlo.

Website: <http://www.tds-live.com/>